As a member of Toastmasters International and my club, I promise:

* To attend club meetings regularly
* To prepare all of my projects to the best of my ability, basing them on the Toastmasters education program
* To prepare for and fulfill meeting assignments
* To provide fellow members with helpful, constructive evaluations
* To help the club maintain the positive, friendly environment necessary for all members to learn and grow
* To serve my club as an officer when called upon to do so
* To treat my fellow club members and our guests with respect and courtesy
* To bring guests to club meetings so they can see the benefits Toastmasters membership offers
* To adhere to the guidelines and rules for all Toastmasters education and recognition programs
* To act within Toastmasters’ core values of integrity, respect, service and excellence during the conduct of all Toastmasters activities